

50 Ways to use your Kong



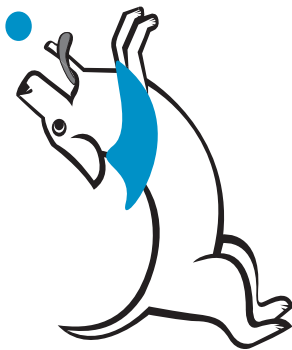
So get on the bus...Gus...and set your dog free!
(Our fun twist on Paul Simon's "50 Ways to Leave Your Lover".)

1. **Make your Kong a bowl!** You can stuff your dog's daily food allowance into a KONG instead, offering him much more stimulation and exercise than simply gobbling it out of a bowl. Split your dog's daily ration of food into 4 or 5 and place into 4 or 5 KONGs. Now hide them in different places about the house or garden.
2. **Crate your Kong!** When it's time for Rover to have crate rest, why not stuff your Kong with peanut butter and Rover's regular food, small pieces of fruit and then freeze it?
3. **Play fetch with your Kong!** Give the tennis balls a rest (they do wear down the teeth after all!) and use the KONG for retrieving games. KONG bounces erratically and that helps stimulate innate chase instincts.
4. **Play "Hide 'n Seek" with your Kong!** Stuff the KONG with a few treats and hide it around the garden or inside the house and teach a "find" cue to get your dog's innate hunting drive stimulated.
5. **Take your Kong for a walk!** Stuff with some peanut butter and use it on walks to reward loose leash walking and to help your dog learn to heel.
6. **Hang your Kong!** Thread some rope through the KONG and stuff with your dog's favorite treats. Tie the Kong to a tree or at a height just out of reach of your dog so he has to jump up to get to it. When he hits it, the treats fly out.
7. **Play the shell game with your Kong!** Purchase Kongs for each day of the week. While one is the in the dishwasher, you can be playing with the others! Buy three and play "find the treat" using some tasty treats under just one of the KONGs. Mix them up and have your dog sniff out which one has the treats in.
8. **Kong Sushi!** Roll the KONG in raw egg or milk and then roll it grated cheese, grated carrots or grated apples. Let your dog enjoy a Kong sushi roll!
9. **Bury your Kong!** Stuff it with something good and stinky, like fish, and then loosely bury it! Let your dog dig it up!
10. **Chill out with your Kong!** Puppy Kongs are soft and good for gums when puppies are teething. Pop the Kong in the freezer so it's nice and chilly.

11. **Make a Kongsicle!** Get a big bowl, fill it with a stuffed Kong and water and freeze it! A fun summertime treat for your dog to enjoy and when the ice melts, a stuffed Kong is the prize. Plug the small hole with peanut butter or cheese and then fill the KONG with stock, or fruit juice and freeze for those hot summer days when something tasty and cold is just what the doggy doctor ordered!
12. **Play Kong Keep Away!** Place some kibble inside the Kong and play catch between 2 people. As the KONG flies through the air, the treats will fall out and your dog will love running between the two of you, chasing the KONG... and the treats!
13. **Play tug with your Kong!** Thread 3 or more small or medium KONGs onto long piece of rope, knot it to secure them and tie a handle at one end to drag along, use for chasing or even tug games.
14. **Take your Kong to the vet!** Stuff the Kong with something yummy and use it to keep Fido's mouth busy while being examined at the vet's office.
15. **Take your Kong to the groomer!** A stuffed Kong will keep Fido's teeth occupied with doing nail trims and ear cleaning!
16. **Make your Kong a toothbrush!** Cover or squirt some doggy toothpaste into your KONG with doggy toothpaste and let your dog chew away.
17. **Make your Kong into stuffing!** Carefully unpick a stuffed dog toy or re-use one your dog has already de-stuffed. Place your unstuffed KONG inside and stitch the toy back together. You've now got a soft and cuddly but super bouncy and very erratic fluffy toy to bring out that chase and hunt instinct! This is a good way to repurpose a Kong that is well and truly worn out.
19. **Turn your Kong into a distraction!** Once your dog understands that KONG = fun and tasty treats, you can carry one in your pocket and use as a reliable distraction to aid recall, proofing a stay or simply getting your dog's attention.
20. **Have a KONGmelete!** Grate some veggies and sauté or lightly steam them. Then scramble one egg with a sprinkle of cheese. Spoon the cheesy egg and the veggies into a KONG. Seal the KONG with a small chunk of cheese. Serve warm.
21. **Take your Kong on vacation!** Prepare several Kongs ahead of time and use them for entertaining your dog while going on a long road trip. If you are flying, let your dog have a stuffed Kong to keep him busy while you fly.
22. **Houdini Kong!** Use a stuffed KONG to stimulate your dog with "Houdini" style games. For example, place it into a crate/cage and close but do not lock the door. Put the stuffed Kong inside a box and loosely close the lid!
23. **Elvis Kong!** Stuff your Kong with alternate layers of peanut butter and banana!
24. **Thanksgiving Kong!** Stuff your Kong with pumpkin pie filling (the kind that doesn't have the spices added in) and cooked sweet potatoes. Your dog will definitely be thankful!
25. **Relax with your Kong!** Make a cup of chamomile tea and let it cool. Plug up the small hole of the Kong and fill it with chamomile tea. Freeze it into a Kongsicle. Your dog will enjoy the cool sensation and will chill out at the same time!

26. **Take your Kong to work!** If you are a lucky soul who can bring your dog to work with you, keep a Kong at the office to help make the day go by more quickly!
27. **Make your Kong a fruit bowl!** Stuff large chunks of fruit into the Kong. Add some shredded coconut (unsweetened of course) and let your dog enjoy some Kong Ambrosia salad.
28. **Pup-kin Pie Kong!** Canned or freshly cooked pureed pumpkin, yogurt or cottage cheese (only use plain or naturally sweetened yogurt), cooked oatmeal, Low-fat graham cracker to plug the hole.
29. **Bobbing for Kongs!** Place a large bowl of water and a KONG or two into the bowl. Entice your dog to fetch the KONG out of the water!
30. **Sock Puppet Kong!** Place the Kong inside an old sock and tie the end. This adds dimension and a good throwing handle to the Kong. Supervised play only.
31. **Hansel and Gretel Kong.** Place a trail of treats leading to a stuffed KONG toy. Start with a short trail then gradually increase the length of the trail so it becomes a rewarding hunt for the KONG.
32. **Give your Kong a Bubble Bath!** Use a stuffed Kong as a distraction while getting your new puppy used to bath time. Have someone hold the Kong for puppy to nibble on while you give the bath.
33. **Have an Easter Kong Hunt!** Instead of hiding Easter eggs, stuff a Kong with something good and smelly and hide it outside, bring Fido out for a "hunt".
34. **Sleepy time Kong.** When teaching a puppy to sleep in his/her crate at night, give your pup a stuffed Kong to sleep with. That and a nice blanket with a bit of lavender oil on it will do the trick.
35. **Make a Kong Sundae!** Plug the hole of the Kong with a cookie or graham cracker piece. Layer plain yogurt (no sweeteners) and honey and a few pieces of kibble in the Kong. Freeze it for a frosty delight!
36. **Kong Crate Kalmer:** Use a KONG as an aid in crate training, it keeps dogs a lot calmer and can help to make them more comfortable as you begin crate training.
37. **Kong Puppy Sitter:** Use a stuffed Kong to babysit your puppy while you are busy around the house and can't keep an eye on Fido. A stuffed Kong in a crate with a puppy is your best puppy sitter.
38. **Take your Kong for a car ride!** If your dog isn't so fond of riding in the car, stuff a Kong with something yummy and bring it along. This will help distract your dog while riding.
39. **Klick n' Kong!** If you are clicker-training, use a Kong stuffed with peanut butter and reward with it when you click! Click and a lick...does the trick!
40. **Tummy Tamer Kong!** Stuff the Kong with overcooked rice and some canned pumpkin (the kind without the spices) and give to your dog to help settle the tummy.
41. **Monkey Kong!** Stuff the Kong with some bananas that have gotten to ripe for the humans to eat, pop it in the freezer to make the pleasure last longer. Your dog will be "ape over it"!
42. **Funky Monkey Kong!** Stuff the Kong with some overripe banana and some of your dog's kibble. Funky Monkeys are fun to eat for breakfast lunch or dinner!

43. **Karnivore Kong!** Stuff the Kong with some leftover meat you had for dinner (make sure it's not full of seasoning or barbeque sauce).
44. **Omnivore Kong!** Cut the leftover meat up into tiny portions and stuff it in the Kong with some leftover cooked veggies!
45. **Beanie Weanie Kong!** Salt free canned green beans and tiny pieces of nitrate free hot dog (all beef preferred) make for a fun Kong!
46. **PEVA Kong! People for the Ethical Treatment of Vegetables Kong!** Kongs stuffed with very well cooked veggies make for a fun snack. Cook the veggies extra well so that they are well digested.
47. **Rabbit Food!** Kongs stuffed with shredded carrots are fun!
48. **GORP Hikers Kong!** Remember the 70's when hikers brought along GORP (Good Ole Raisins and Peanuts) on their hikes? Well, raisins are not dog safe, but Good Ole Regular and Kibble and Peanut butter (the kind without added sugar) make for good hiking Kongs.
49. **Chillaxin' Kong.** Plug the small hole of the Kong with a piece of banana or kibble, fill it with some freshly brewed chamomile tea and freeze. Let your dog enjoy it when he or she needs to "Chillax".
50. **Happy Belly Kong!** Mix together canned pumpkin, finely shredded apple, a little bit of ground flaxseed, and the liquid from a can of salmon or tuna. Stuff the Kong and watch your dog's belly get very happy!



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